



# THE SENTINEL

*"One Team...One Voice"*

A MONTHLY NEWSLETTER FOR THE SOUTHEAST MICHIGAN MILITARY COMMUNITY

**MARCH 2005**

## Selfridge Opens Newly Renovated Bachelor Quarters

*By Tracy Hankins, MWR Marketing Assistant*

January 25 marked a five-year effort to provide modern living quarters for the service members of Selfridge Air National Guard Base. Team Selfridge commanders along with their Senior Enlisted Advisors, and people responsible for making this day possible stood by as Brigadier General Mike Lenaers, TACOM Commanding General, cut the ribbon for the new barracks.

In 2000, this facility was accepted by the Assistant Chief of Staff for Installation Management (ACSIM) in the Barracks Upgrade Program. The goal was to vacate the old, apartment-style, family housing units in the 900 area, and move all bachelors, E-6 and below, from all five services, into a modernized barracks complex. The Barracks Upgrade Program for this facility was approved and assigned to the U.S. Corps of Engineers, Louisville District. Engineers began designing this project in November 2001, and construction began in June 2002.

There are a total of 38, one-plus-one design apartments. Each apartment has a refrigerator and microwave oven, along with a private bathroom that is shared with the neighboring apartment. To maximize the quality of life for the service members, attempts will be made to house one person in each apartment.

There is a complete laundry facility and fully equipped kitchen on each floor, and three dayrooms consisting of a pool table on the first floor, a large screen TV on the second floor, and a study area on the third floor.

SPC Matthew Cook, a future resident

of the renovated barracks, said, "Where I live now has lots of room and I share it with another service member, but it is very old and the appliances are out of date. I am looking forward to moving into my new home and a room of my own. They really did go out of their way to make this place nice and comfortable." SPC Cook, originally from Alabama, is currently assigned to the 75th Ordnance Company.

Eligible service members will start moving into the barracks in March.

The USAG-MI would like to thank several individuals for their hard work and effort to make this project possible: Michael "Mike" Hallenbeck, the former Housing Manager and current Housing Specialist working for the ACSIM. Mike is the one who got this project off the ground, and personally worked with the U.S. Army Corps of Engineers in the building design and selection of the initial issue of furniture; the U.S. Army Corps

of Engineers, Louisville District for their design and construction efforts, along with the Detroit Field Office, for their contract administration and supervision; Mr. Marc Point, a USAG-MI Engineer for his untiring efforts to keep the project on track; the previous Garrison Commander, LTC Craig Johnson, for his leadership and involvement in this project; and Mr. Glenn Ramsey for assisting us in finding the dollars necessary to complete the kitchens.



One of three kitchen areas in the barracks.



A soldier checks out the new large screen TV.



TACOM, Selfridge, and USAG-MI leaders take part in the ribbon-cutting ceremony. Participants include, from left, Mr. Robert Riparip, Acting DPW, Col Steve Krajnik, 127 Mission Support Group, BG Mike Lenaers, TACOM Commanding General, Ms. Lisa Cynowa, TECOM Housing Office, and LTC Kevin Austin, USAG-MI Commander.

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## Community Relief Fund Expresses Appreciation for Donations

By Cathy Jones, Financial Readiness Manager

Selfridge Community Service (SCS) offers a wide range of family support services, which are designed to improve the military member and their family's quality of life, as well as promote readiness and retention. Following the events of September 11th and the increased activation & deployment of troops, SCS experienced an out-pouring of generosity from those who wanted to do something to help the soldiers and their families. SCS established the Selfridge

Community Relief Fund to help meet the financial needs of Michigan service members and their families.

The relief fund has helped families with car payments, auto insurance premiums, past due utility notices, purchased a refrigerator, assisted in relocating families, secured airline tickets, and paid for hotel accommodations. In addition to cash donations, SCS received phone cards for troops to call home, grocery gift cards to support family nutritional needs, department store gift cards to help with unforeseen clothing needs, gasoline gift cards to assist with transportation needs, a variety of baby clothes/items and other essentials.

The fund could not continue without the extreme generosity from individuals, organizations, agencies and business who want to express their appreciation to our

military members by helping them through financial difficulties. The following is a list of all who contributed during the recent Thanksgiving and Christmas holiday season:

Base Community Council  
Lutz Roofing  
Pointe Woods Boat Club  
Detroit Sportsmen's Congress  
Families for Selfridge  
Women's Council of Realtors  
Collins & Aikman  
Taurus Products Incorporated  
Eaton Corporation & Employees  
Chapter DY, PEO Sisterhood  
SunTel Services & Employees  
Rodney & Lorie Cloud  
Powers, Chapman, DeAgostino, Meyers  
& Milia P.C. Attorney at Law  
GM Corporation Product Problem & Resolution & Employees

### Auto Craft Center

Building 104 (586) 307-4535

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Monday, Tuesday & Wednesday

11 am - 8:30 pm

Saturday & Sunday

9 am - 4:30 pm



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Thursday March 3, 10:00 & 16:00

Friday March 4, 10:00 & 16:00

Saturday March 5, available by appointment

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\*APR=Annual Percentage Rate

## Anheuser-Busch Theme Parks Announce "Heroes Salute"

ST. LOUIS - Anheuser-Busch Cos. Inc. recently announced its "Heroes Salute" to honor the U.S. Armed Services by offering free single-day admission to its SeaWorld and Busch Gardens parks to active duty military, active reservists, U.S. Coast Guard, National Guardsmen and as many as three direct dependents beginning Feb. 7 through Dec. 31, 2005.

"In our own small way, we're giving something back to the brave men and women and their families who make sacrifices every day for our country," said August A. Busch IV, President, Anheuser-Busch Inc. "As a salute to America's heroes, we wish to extend a message of

thanks and an invitation."

Any active duty, active reserve, ready reserve service member or National Guard is entitled to free admission under the program. He or she need only register, either online at [www.herosalute.com](http://www.herosalute.com) or in the entrance plaza of participating parks, and show a Department of Defense photo ID. As many as three direct dependents of military personnel also are entitled to free admission. Dependents may take advantage of the offer without their service member, though an adult must accompany minor dependents.

Busch Gardens Williamsburg and SeaWorld San Antonio are seasonal

operations that will remain closed until spring 2005. Military personnel interested in visiting those parks should check operating schedules at [www.herosalute.com](http://www.herosalute.com). The remaining parks, SeaWorld Orlando, Busch Gardens Tampa Bay and SeaWorld San Diego are open year round.

Anheuser-Busch has previously honored U.S. armed forces with free admission to its theme parks. Nearly 2 million service members and their families visited free during Yellow Ribbon Summer following the first Gulf War and during the Anheuser-Busch Salute to America's Heroes, a post-9/11 tribute that included all branches of the U.S. military. In addition, last year Anheuser-Busch donated \$1 million to create the Intrepid/Anheuser-Busch Fallen Heroes Fund to provide scholarships to spouses and children of U.S. military and coalition personnel killed during the war in Iraq.

Anheuser-Busch has supported the U.S. armed services for nearly 150 years. In 1921, Adolphus Busch's widow, Lilly, opened the Busch family garden to the public, donating admission fees to disabled veterans. The company also supports veterans' memorials in Washington, the Korean Memorial and the Vietnam Wall. The company also provides scholarship funds for USO members and Desert Storm survivors. Based in St. Louis, Anheuser-Busch Cos. Inc. is the leading U.S. brewer and holds a 50 percent share in Grupo Modelo, Mexico's leading brewer.

In a survey of 10,000 business leaders and securities analysts, Anheuser-Busch ranked first overall in quality of products and services among nearly 600 companies researched in FORTUNE magazine's 2004 "America's Most Admired Companies" listing. The company also is one of the largest theme park operators in the United States, is a major manufacturer of aluminum cans and is the world's largest recycler of aluminum beverage containers.

## BX/PX NEWS

### New AAFES Catalog is Available at the BX/PX

By Janet Larsen, AAFES Public Affairs

The Army & Air Force Exchange Service Spring/Summer 2005 catalog is now available through July 18.

The catalog offers a wide range of products, including new popular name brand merchandise, while also providing the convenience of at-home shopping. For more information, visit [www.aafes.com](http://www.aafes.com) or call toll-free 1-800-527-2345.

AAFES Releases January Value Facts - "We'll Match It" and "Gas Policy" By Capt Diane Weed, HQ AAFES Public Affairs.

The Army & Air Force Exchange Service kicks off its AAFES Value Facts program with the release of two hot topics

for January.

This initial release includes two Value Facts, "We'll Match It" and "Gas Policy."

The "We'll Match It" Value Fact is for U.S. release only and discusses AAFES' policy to save service members money by matching lower prices offered by local retailers on identical items.

The "Gas Policy" Value Fact explains the AAFES overseas gas pricing policy.

Text, graphic, audio and video versions of these two Value Facts are now available at the bottom of the 'About AAFES' page at [www.aafes.com](http://www.aafes.com) or you can go to [www.aafes.com/pa/valuefacts/valuefacts.htm](http://www.aafes.com/pa/valuefacts/valuefacts.htm).

### DVDs Now Available at the Selfridge Exchange

Your BX/PX is pleased to offer the convenience of a DVD Vending Machine! DVD rental is from 99¢-\$1.49 for the first night's rental and 99¢ for each additional night. The video must be returned by 6 p.m. the following day. Customers can rent up to 3 movies and keep them up to 14 days before being charged for the DVD. The Rental Vending machine is located across from the Barber Shop in the Main Exchange.

Watch for an exciting Toy Sale, some brand name fragrance promotions, and our Outdoor Living Grand Opening. Spring will arrive soon and the BX/PX will be offering some exciting outdoor living furniture plus the newest models in gas grills.

For those customers traveling north, our brand new Camp Grayling and Phelps Collins Exchanges are open and eager to serve you with expanded merchandise lines and bright, spacious facilities.



## "I Will Be Well" Workshop Offered

By Anna Samulski, Employee Assistance Center

The Employee Assistance Center hosts Rhea Jones, the Health Service Coordinator of Life Line Screening who will conduct a health and wellness educational workshop. The workshop empowers individuals who are interested in being proactive about maintaining a healthy and rewarding lifestyle.

The workshop will help you assess your own health risk factors, learn about the warning signs of strokes and vascular disease, find out what you can do to help reduce your stroke risk, how ultrasound testing can detect disease, discover the facts about Osteoporosis for men and women, and take steps toward your own personal wellness program. Each participant will receive an educational workbook and materials. A \$10 discount special is available at the workshop. Come and learn how to protect your health, your life and

your lifestyle! See you at Selfridge ANGB, Bldg. 780, Rm 104 on Wednesday, March 9, from 12 to 1 p.m. Please register by calling (586) 307-5211 or send an e-mail to samulski@tacom.army.mil

Life Line Screening will actually be ON SITE at Selfridge on Wednesday, April 20, to do health screenings. Life Line was last at Selfridge in November, 2003. At that time, 43 screenings were done. The immediate benefit was felt for one person at high risk for carotid artery disease and four at high risk for osteoporosis. These employees were then quickly referred to their health care provider for treatment.

**Mulligan's \$4.95 Daily Specials**  
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**Chef Larry's Daily Special**  
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## Sterling Hamilton Named Youth of the Year

By Tanya Blatz, CYS Youth Sports Director

Sterling Hamilton's road to success has started at a young age. At age 15 he has just been selected as the Youth of the Year for the Boys and Girls Club of Selfridge. Sponsored by Readers Digest Foundation and administered by Boys and Girls Club of America (BGCA), the national program recognizes superior leadership skills, academic achievement, obstacles overcome and outstanding service to Boys and Girls Club and the community.

A 2-year member of the Boys and Girls Club of Selfridge, Mr. Hamilton is a positive role model for today's young people. Within his community, Sterling has demonstrated great leadership in events such as National Kids Day, Senior Citizen projects, Character Counts!, community clean ups, Summer Olympics and various food drives.

Being named Youth of the Year means "an opportunity to shine among peers." Mr. Hamilton will compete against other Boys and Girls Club youth for the Michigan state Youth of the Year title. Five regional

winners selected from among the state winners will compete for the national honor in Washington, D.C., where the President will install the National Youth of the Year officially in a White House ceremony in September. In addition, the winner will receive a \$10,000 scholarship from the Readers Digest Foundation, sponsor of the program since its inception in 1947.

The Boys and Girls Club has played an integral role in the Selfridge Community for several years, providing daily programs and services to 551 young people. The club is open Monday, Tuesday & Friday from 2:30-6 p.m., Wednesday and Thursdays 2:30-8 p.m. and Saturdays 12-4 p.m. with Sports, Fitness & Health; Life skills, Citizenship & Leadership; Arts, Recreation & Leisure and Mentoring, Intervention & Educational support services programs.

For more information about the club, please call (586)307-5530.

## Base Chapel Services



For more information,  
call (586) 307-4020/4761.

**Catholic Mass:** Saturdays, 5 p.m.  
and Sundays, 8:30 a.m.

**Protestant Service:** Sundays, 10 a.m.

**Gospel Service:** Sundays, 12:15 p.m.

### Ongoing Programs

**Women of the Chapel Bible Study**  
Thursdays, 9:30-11:30 a.m.

**Men of the Chapel**

Fridays, 6:30-8 a.m.

**Club Beyond (High School)**

Thursdays, 7 p.m.

**Club JV (6th-8th Grade)**

Mondays, 7:07 p.m.

**"Shepherd's Gate Live"**

Selfridge Base Chapel  
March 6<sup>th</sup>, 2005  
1900 Hours  
WITH LIVE BAND!

The Shepherd's Gate Praise Band invites you to an evening of "**Shepherd's Gate Live**" to be held at the Selfridge Base Chapel. Date of this special event is **Sunday, March 6 at 1900 hours** and is free to all military family and friends. We'll have a great time together of "upbeat & uplifting" music with special entertainment by Shepherd's Gates puppets entourage! This is a great event for all ages and something you will not want to miss! For any further information, please call 307-4020. Hope to see you there!

### THE SENTINEL ONE TEAM...ONE VOICE

Commander.....LTC Kevin J. Austin  
MWR Director.....Frankie Stull  
Layout/Design.....Joe Stockslager

*Please submit all articles and community information to the MWR Marketing Office at least 45 days prior to allow time for adequate advertising. The MWR Marketing Office is located in Rm 4, Bldg. 780, Selfridge ANGB. Call (586) 307-4159/5404 for hours of operation and more information. Commercial advertising in this publication is not endorsed by any portion of U.S. Army Garrison-Michigan, the Department of the Army, or the United States Government.*



# MARCH



## Easter Brunch

Sunday, March 27

11:00am - 2:00pm

Mulligan's

(located at the Selfridge Golf Course)

### Brunch Menu Includes:

Baked Chicken      Carved Roast Beef  
Baked Ham          Pasta Dishes

Your Favorite Breakfast Selections

All Your Favorite Trimmings

Assorted Desserts and much more!

Call (586) 307-4344 for reservations

MWR CLUB MEMBERS	\$12.95
ADULTS	\$14.95
YOUNG ADULTS (AGE 7-12)	\$5.95
CHILDREN (AGE 6 AND UNDER)	FREE



### March 1-31

Youth Sports Spring Soccer Registration, Bldg. 780, Rm. 15. Ages 4-12, \$35. Ages 13-17, Free. Season begins 1st week of April. Call (586) 307-5530 for more information.

### March 1-31

Youth Sports Archery Registration, Bldg. 780, Rm. 15. Ages 6-17, \$10. Includes instruction and tournament. Begins 2nd week of April, Wednesdays 4-5pm. Call (586) 307-5530 for more information.

### March 1

2005 Annual AER Campaign begins, contribute through Unit Key Person, or visit AER, Bldg. 780, Rm 13. For more information, call (586) 307-5414 or email [AER@tacom.army.mil](mailto:AER@tacom.army.mil).

### March 1

Registration begins for the Buns on the Run 5K Run / 1 Mile Walk, held March 23. First 50 registered receive a cool t-shirt. Sign up at the Sports Center, Bldg. 165. Call (586) 307-5202.

### March 2

Morning Senior Bowl Begins - Every Tuesday and Thursday in March at 9am, Selfridge Bowling Center. Call (586) 307-5941 for information.

### March 4

Youth Services Scrapbooking, MST Youth Center, 4:30-5:30pm, Free, Grades 6 and up. Different theme page every week. Call (586) 307-5530 for more information.



Trying to shed those holiday pounds?

Need help with your diet & exercise plan?

Visit

Reggie's Pub or Mulligan's  
between  
March 1-31

and try one of our  
**Lighten Up! menu specials.**

Frequent healthy diners can earn  
**great prizes after 10 meals.**

**Ask for your frequent diner card today!**

Don't miss the  
**"Buns on the Run" 5K (or 1 mile walk) on  
MARCH 23 7:30am**

**The first 50 participants receive a cool shirt!**

For more information

Call the Sports Center at (586) 307-5202



### DJ Dance Party Karaoke Contest

March 12

5:00pm-10:00pm

Reggie's Pub

Prizes!

1st Place-Hockey Jersey

(Autographed by Derien Hatcher)

2nd Place - Corona Mirror

### DJ Dance Party w/ DJ Jeff Bailly-Neon Nights

March 19

5:00pm-10:00pm

Call (586) 307-2529



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# EVENTS



## March 5

Open Bowling, 3pm - close. Selfridge Bowling Center.

## March 6

Last day to register for - "Take Better Pictures." Class begins March 9. Wednesdays, 6:30pm-8:30pm, 6 week class. \$60. Photocraft Center (Bldg. 780, Rm. 3).

## March 6

Open Bowling, 11am-6pm, Selfridge Bowling Center.

## March 8

Personal Finances for the 1st Term Service Member, 8am-4:30pm, Bldg. 780, Education Center. Pre-registration required. Call (586) 307-4554.

## March 9

"I Will Be Well" Health and Wellness workshop, Noon-1pm. Bldg. 780, Rm. 104. Contact the Employee Assistance Program at (586) 307-5211 to register.

## March 12-13

"March Madness" 3 on 3 Basketball Tournament, Sports Center, 8am.

## March 12

Open Bowling, 3pm to close. Selfridge Bowling Center  
DJ Dance Party/Karaoke Contest, 5-10pm, Reggie's Pub, Prizes for 1st & 2nd Place. Call (586) 307-2529 for information.

## March 13

Open Bowling, 11am-6pm. Selfridge Bowling Center

## March 14

Registration begins for Low Impact Aerobics Class, 4:15-5:15pm, Tues. & Thurs. Fee- \$37. Class begins March 22 through April 21. Call the Fitness Center at (586) 307-5053 for information.

## March 17

❖ St. Patrick's Day Corned Beef Sandwich Special, \$4.95, 11am-1pm, Reggie's Pub - Call (586) 307-2529  
❖ Wear Green-Bowl 1 game for \$1! Selfridge Bowling Center 11am-4pm, Call (586) 307-5941.  
❖ St. Patty's Dance, 6-8pm, MST Youth Center, 6th Grade and up, \$1. Call (586) 307-5530  
❖ St. Patrick's Buffet - Mulligan's, All You Can Eat - Corned Beef and Cabbage, Irish Stew 11am-1pm.

## March 19

DJ Dance Party 5-10pm, Reggie's Pub. Call (586) 307-2529 for more information.

## March 20

Easter Bunny Bowl, 12 - 2pm, ages 5-12, Easter Egg Hunt begins at 12pm. Selfridge Bowling Center. Call (586) 307-5941 for information.

## March 22

Low Impact Aerobics Class begins.

## March 23

Buns on the Run 5k Run/ 1 Mile Walk, 7:30am, Selfridge Golf Course.

## March 27

Easter Brunch, Mulligan's 11am-2pm, Call (586) 307-4344 for reservations. (See ad - page 6)



## Easter Bunny Bowl

Sunday, March 20  
12noon - 2:00pm

Ages 5-12

Easter Egg Hunt & Bowling  
\$5.00

Includes:

1 Game of Bowling  
Hot Dog, Chips  
& Small Drink



Easter Egg Hunt Only  
\$2.00 (Begins at 12noon)

Tickets available March 7 at the  
Selfridge Bowling Center  
Call (586) 307-5941 for details



Take a winning BITE!

Match three in a row on the Bite Me Combo Craze game piece and you'll walk away an instant winner. Order a combo meal at Reggie's Pub or Mulligan's and you could be an instant winner of prizes like backpacks, cd cases, t-shirts and free sodas. Then, take your game piece and register it online at [www.mwrpromotions.com](http://www.mwrpromotions.com) and get a chance to win an iPod mini.

Call (586) 307-2529/4344 for details.



# Off-the-job Safety is Important for Workers and Non-workers Alike

By Eugene Yuells, USAG-MI Safety Office

Would you believe that more than one-half of the injuries suffered by workers occur off the job? Someone once said that your home is your castle. If this is true, castles are very dangerous places.

Approximately 24,000 individuals are killed each year in home accidents - an average of about 65 deaths per day. The National Safety Council reports that about 3.6 million people are injured in home accidents, which means that one person in 60 was disabled for one or more days in a home accident. About 100,000 of these injuries resulted in some permanent impairment.

With these statistics, it cannot be over emphasized that what you do away from your job is vitally important. At home, we become all too familiar with our environment. Then, to our surprise, we have an accident and wonder why it didn't happen sooner. Falls and burns by gas or electrical equipment lead the list.

In 1982, over 1,036,500 fires in homes claimed more than 5,000 lives and caused \$6.4 billion dollars worth of damage. More than twice as many fires occurred in homes than in any other occupancy put together including: restaurants, hotels, schools, manufacturing plants, etc.

You're protected at work and in public places by fire codes and laws that require early warning devices (smoke and heat detectors) and fire extinguishers. It is highly recommended that you obtain the appropriate fire protection equipment for your home as soon as possible. It is the cheapest form of life and fire insurance possible. Smoke detectors of an approved type are a good investment to provide early warning of a fire in the home.

Good housekeeping should be practiced throughout the home. Avoid using the basement, attic or utility room for a dumping ground, especially for combustible materials.

The yard should be kept clear of broken glass, nail-studded boards, and other litter. Electric utensils or tools should be properly

grounded if they are not of the "double insulated" type and should always be disconnected when not in use.

You should always tag and identify your main gas and water valves and electrical cut-offs. Be sure that others in your family know where they are located and how to cut the supply in the event of an emergency.

Fuses or circuit breakers should be labeled to identify outlets and fixtures they protect. Good lighting should be available for work areas, stairways, and in the bedrooms of children and elderly persons. Keep emergency phone numbers like police, fire, doctor, utilities, handy by your telephone.

Falls are the greatest killers in the home. Always have non-skid backing on small rugs and avoid using them at the top of stairs.

Use a step stool or utility ladder—never a chair or table—when reaching into high cupboards or shelves. Keep ladders in good condition by replacing loose rungs, worn ladder shoes, and frayed ropes on extension ladders.

Replace cracked or frayed electrical appliance and extension cords.

Don't use aerosols near open flames or while smoking.

Keep firearms secure in a locked rack or cabinet and ammunition stored separately from the firearms.

Always use the right tool for the job and always get help from a neighbor or friend for heavy or difficult jobs.

Prepare and practice a family escape plan in case of a fire that might occur during the day or night. This plan should include two ways out of every area and a pre-determined meeting place outside of the home.

Motor-vehicle accidents are the #1 accidental killer of our children ages 5 and under. Using a child safety seat is estimated to be 80 to 90 percent effective in preventing fatalities.

***Kitchen-Bathroom-Utility***

Look for the UL label whenever you buy appliances.

Wipe up liquid spills immediately.

Turn hot handles away from the stove front so that they don't tempt little children, but don't place them over another burner.

Keep in mind that water should never be poured on a grease fire.

Washers and dryers should be electrically grounded.

Always keep household cleaners, disinfectants, insecticides, drain openers and medicines in their original labeled containers - separate from food - and preferably locked up and out of reach from small children.

Read the label before taking any medicine.

Keep emergency phone numbers like police, fire, doctors, and utilities, handy by your telephone.

## ***Garage-Workshop***

Keep all tools properly guarded and out of reach of small children.

Flammable paint thinners and solvents should be kept in metal cans. Their vapors will travel along the ground, so it is important to keep them stored away from gas hot-water tanks, heaters, or other sources of ignition.

When operating a power mower, keep children and pets a safe distance away. Always shut off the mower and make sure the blades are stopped before adjusting the blade or emptying the grass catcher.

Keep the garage door open while running the car engine inside to avoid asphyxiation.

## ***14 Emergency Telephone Numbers to Have Handy (post by telephone)***

Fire

Police

Ambulance

Family Doctor (Office/Home)

Children's Doctor (Office/Home)

Other Doctor (Office/Home)

Other Doctor (Office/Home)

Druggist (Office/Home)

Hospital

(article continues on page 11)



# Base Supply Store Opens to Offer Needed Service at Selfridge

By Gerald Jones, Director of Logistics

USAG-MI entered a new era with the ribbon-cutting at the opening of the new Base Supply Store at Selfridge. Located in Garrison Headquarters (Bldg. 970, Rm 103), the supply store offers a full line of office supplies, paper products, computer accessories and many other items to support the daily requirements of Selfridge Installation activities. Additionally the store has over 25,000 catalog items, most delivered within 1-2 days. Store staff is available to assist customers with their shopping needs, including sourcing hard to find items and for quantity and bulk purchases.

The store is operated under a no-fee service agreement with Associated Industries for the Blind (AIB), which has operated the TACOM Supply Store at the Detroit Arsenal in Warren for the past five years. With over 20 customers from Selfridge already ordering from the Warren location, AIB has been seeking space on base for some time. Although

current store space is limited, product selection is not, with maximum floor to ceiling shelf space utilized for product display. The store uses the warehouse facilities at the Warren location for replenishment to assure customers of product availability. FREE desktop delivery, on base, is another added customer service. All Government activities and contractors are invited to use this new supply service. The store accepts all Government credit cards. Federal customers are assured of compliance with mandatory source of supply requirements, including JWOD products. Customers can also purchase cleaning supplies, paper towels, toilet paper, hand and power tools, food service utensils and supplies and many, many other supply products.

With a wide selection of quality brand-named products, competitively priced and a convenient on-base location combined with unsurpassed customer service and FREE delivery, this store is designed to

make "one-stop" shopping a reality for Selfridge customers.

Customers can shop in the store or order by phone, fax or email. Supply catalogs are available. Contact the store at:

John Stilley, Store Manager

Brian Percy, Store Staff

Phone (586) 307-6028/6027

Fax (586) 307-6026

Email: aibexpress@tacom.army.mil



Participants in the Supply Store's ribbon-cutting ceremony include, from left, Store Employee Brian Percy, USAG-MI Commander LTC Kevin Austin, USAG-MI Sergeant Major SGM David Austin, and John Stilley, Store Manager.



## Smiles are Family Treasures!

**gentle dental**

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*Remember, families are favorites here!*

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## Golf Course Manager Wins Prestigious Award

By Rose Spaulding, MWR Marketing Specialist

Rik Bond, Selfridge Golf Course Manager, was presented with the prestigious *James A. Carroll Excellence in Management Award* during the MWR Military Manager's Conference in Orlando, Florida, on January 25.

The Carroll Award was established in 1976 as a lasting tribute to James A. Carroll, Jr., a leader in the civilian and military hospitality field until his passing in 1975. In 1991, the Army established an Excellence in Management Awards program in order to recognize outstanding MWR managers of golf, bowling, and leisure travel. The award is based on overall financial standings, innovative programming and the impact on the quality

of life and well being of service members.

Bond attributes the overall success of the Selfridge Golf Course to his staff. "Jim Blauvelt, Greens Superintendent, does an excellent job in maintaining the course," Bond said. "The staff is also a great source of creativity and innovation when it comes to programming fun tournaments and outings."

A PGA Professional with 30 years of experience, Bond loves what he does. Maintaining a balance between providing excellent customer service to the military community and increasing revenue is another key to Bond's success.

Rik Bond also received the James A. Carroll Excellence in Management Award

in 2002. This is an admirable feat as there are 58 U.S. Army golf courses worldwide that compete for this honor.



Rik Bond, Golf Course Manager, receives the James A. Carroll Excellence in Management award from Keith Elder, Business Operations Manager, U.S. Army Community and Family Support Center, right.

## Celebrating 63 years, AER Kicks Off 2005 Annual Campaign

By Nancy Zajdel, Financial Readiness Manager

March 1, 2005 marks the beginning of the Army's 63rd annual Army Emergency Relief (AER) Worldwide Fundraising Campaign. Soldiers will be able to contribute to the AER Fund thru their Unit Key Person during the six-week campaign period. Posters will be displayed announcing the dates of the campaign for the units and the Campaign Key Person will have contribution forms available.

AER has been in existence since 1942. It is a vital tool used by Army commanders to help take care of soldiers and their families during times of financial emergencies. Not only does AER help active duty personnel, it is also available to retired service members and their dependents. National Guard and Reserve Components on active duty orders for 30 days are also eligible to apply. Assistance can be provided with essentials such as utilities, food, transportation, vehicle repair, and rent, just to name a few. Last year, AER provided assistance to 49,000 Army people with over \$33 million in financial assistance.

The AER campaign is an annual event that allows soldiers to help each other by making a voluntary contribution. Through the hard work of our Michigan soldiers,

the USAG-MI AER Section collected \$5,259.00 for AER during the 2004 Campaign. Your Campaign Representative will be putting up posters and passing out AER informational brochures. Let us make this year even more successful!

### What can AER do?

#### **Provide interest-free loans for:**

- Food, rent, or utilities
- Essential vehicle maintenance/repairs
- Funeral expenses
- Medical/dental expenses
- Delayed/stolen pay
- Help prevent privation
- Provide scholarship aid for children through the James Ursano Scholarship Fund

Remember, AER helps the ARMY Take Care Of Its Own!!

Want to know more about AER or the campaign? Visit us in building 780, room 13, call us at (586) 307-4514, or email your questions to [AER@tacom.army.mil](mailto:AER@tacom.army.mil).

### What can't AER do?

- Help pay for non-essentials
- Finance ordinary leave/vacation
- Pay fines/legal expenses
- Help liquidate/consolidate debt
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# Selfridge Opens "Child Development Home" at Seville Manor

By Pam Pastiva, Assistant Director, Child Development Center

During 2003, the demand for infant and toddler child care grew tremendously. The Child Development Center was filled, and Family Child Care providers were recruited. As the demand continued to increase, an alternate solution was sought.

We asked for and received Department of Army permission for Selfridge to become a Child Development Home pilot site. This project started in January 2004. We requested approval to divert a duplex from Army Family Housing for a period of three years for this purpose.

## Off-the-job Safety

(continued from page 8)

Neighbor (Work/Home)

Neighbor (Work/Home)

Gas Company

Electric Company

Poison Control Center: 1-800-522-4611

## 10 LEADING CAUSES OF DEATH IN AMERICA (2000 figures)

Heart Disease (2,417,798)

Cancer (553,251)

Cerebrovascular Disease [Stroke] (163,601)

Chronic Respiratory Disease (123,974)

## Accidents (97,707)

Diabetes (71,252)

Influenza & Pneumonia (62,123)

Alzheimer's Disease (53,679)

Kidney Infections (39,661)

Blood Poisoning (32,275)

## MOST COMMON CAUSES OF HOME ACCIDENT DEATHS (2002 figures)

Poisoning by solids and liquids, gases and vapors, drugs and medicines (12,500)

The 25-44 age group had the highest death rate.

Falls (8,000)

4 out of 5 of them over the age of 65.

Suffocation - ingested object

Fires, burns, and deaths associated with fires

Smoke inhalation accounts for the majority of deaths in home fires.

As the request was being considered, many people chipped in to help in their area of expertise. Coordination and determination of required work began immediately when the approval was granted and the vision developed under the guidance of the Northwest Region. With inspections and work complete, the Child Development Home opened in November 2004.

The facility is a comfortable blend of a homey environment and a child development center philosophy, and is overseen by the Child Development Center management staff.

The care giving staff, consisting of Michelle Butler, Yolanda Lucas, Shelia Small and Jodi Stancliff, have the same professional training as the staff at our main Child Development Center on Selfridge, including CPR, first aid, fire safety and specialized care giving skills. These skills help provide positive interactions, which support children's learning and development each day.

Care givers track each child's developmental growth, and provide individualized activity plans which emphasize concrete learning experiences. Children are encouraged to reason, explore and problem solve.

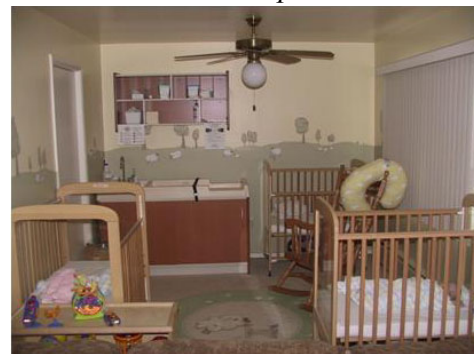
The Home does not operate without an extensive support system. The 127th Wing Fire Department inspects the home and conducts monthly fire drills. The Selfridge Community Health Nurse also inspects the home monthly and is available during all hours of operation for assistance. The USAG-MI Safety Office inspects the home on a semi-annual basis.

The management staff is committed to providing quality educational experiences for our community's children.

This project could not have come to realization without the help of several people, including Denise Ellis-Goyke, Child and Youth Services Coordinator, Ron Wesley and Frank Russell,

Department of Public Works, Ivan Schlernitzauer, Housing Office, Ron Graham, TECOM, Denise Blakely, Safety Office, Jon Dyer and Jerome Shanklin, Selfridge Fire Department, Diane Walters, Community Health, Milt Dickinson, MWR, and Gary Pastiva, Parent Volunteer.

**Editor's note:** *The U.S. Army Garrison - Michigan leadership and staff would like to thank Pam Pastiva for her dedication to this facility. Pam put many personal touches into the home, and without her ingenuity, this new facility would not have been possible.*



The new Child Development Home is now open to fill the need for more child care slots due to the increased demand for infant and toddler care. The facility, located in Seville Manor, is fully equipped to make parents and children as comfortable as possible. Completely renovated, this former housing unit has lots of toys to give the little ones an enjoyable stay, and appropriate safety measures in place to give parents peace of mind while they are away from their children.



Four-month-old Paige Hannum, shown here with her mother, Melissa, is the youngest of six children and was the first customer for the new Child Development Home at Seville Manor. Mrs. Hannum is a full-time employee at TACOM and her husband, SSG David Hannum, is assigned to the 1/182 Field Artillery Company in Detroit.

**DEADLINE**

2nd Friday of every month

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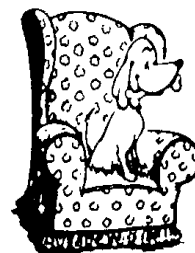
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